









South Coast Medical Service Aboriginal Corporation



"WALKING WITH YOU
ON YOUR HEALTH CARE JOURNEY"

Our locations

-  **Permanency Support**
Level 1 & 2, 73 North St,
Nowra, NSW 2541
-  **Health & Wellbeing Services**
Jane Ardler Centre
51 – 53 Berry St,
Nowra, NSW 2541
-  **Caledonia House**
Level 3, 59 Berry St,
Nowra, NSW 2541
-  **Jerrinja Clinic**
Orsova Parade,
Orient Point, NSW 2540
-  **Health & Wellbeing Programs**
12 Comberton Grange Rd,
Falls Creek, NSW 2540
-  **Batemans Bay Office**
30c Orient St,
Batemans Bay, NSW 2536
-  **Goulburn Office**
79 Auburn St,
Goulburn, NSW 2580
-  **Wollongong Office**
Family Connect and Support
Shop 1 106 Market St,
Wollongong NSW 2500

The South Coast Medical Service Aboriginal Corporation (SCMSAC) is a non-government, not for profit, Aboriginal Community Controlled Health, Wellbeing and Community Services Organisation. Our services include:

-  **Health & Wellbeing**
-  **Permanency Support (OOHC)**
-  **Family Support**

Clinic opening hours

Mon - Thurs: 8.30am - 6.30pm

Friday: 8.30am - 5:00pm

All clinics are closed on weekends and public holidays. Clinic times are subject to change, please call reception to make an appointment.

For emergencies call 000
or Shoalhaven Hospital 4421 3111

Contact us

-  **1800 215 099 or (02) 4448 0200**
-  **(02) 4428 6601**
-  **communications@southcoastams.org.au**
-  **www.southcoastams.org.au**
-  **ICN 182 / ABN 46 897 866 758**

South Coast
Medical Service
Aboriginal Corporation





Health and Wellbeing services

Our Health and Wellbeing team focuses on prevention, intervention, health education and health promotion, when attending to the physical needs of an individual. We also consider their social, emotional, cultural and spiritual wellbeing, and the needs of local Aboriginal communities. Our holistic approach to health and wellbeing integrates with all our services including:

- ✓ GP Consultations & Outreach Clinics
- ✓ Health assessments & plans
- ✓ Wound Management
- ✓ Eye & Hearing Screening
- ✓ Immunisations
- ✓ Diabetic Educator
- ✓ Health Education
- ✓ Geriatric Program
- ✓ Podiatry
- ✓ Transport
- ✓ Chronic Care Support *(Integrated Team Care)*
- ✓ Dental Services
- ✓ Psychology
- ✓ Counselling
- ✓ Child Therapy
- ✓ Group Healing Programs
- ✓ Nicotine Replacement Therapy
- ✓ Case Management
- ✓ Referral & Advocacy Services
- ✓ Smoking Cessation
- ✓ Tackling Smoking Quit Groups
- ✓ School-based Child Wellbeing Program
- ✓ Men's, Women's & Youth Support Groups
- ✓ SMART Recovery Program *(for problematic behaviours & addiction)*
- ✓ Community Development

Permanency Support services

We are the only Aboriginal non-government organisation within the Shoalhaven and Far South Coast providing Permanency Support services. Our services and programs are designed to ensure the best outcomes for children and young people in the NSW care system. These include:

- ☉ Preservation and Restoration
- ☉ Foster, Kinship & Respite Care
- ☉ Supervised Family Time
- ☉ Carer Support
- ☉ Mentoring
- ☉ Futures Planning
- ☉ Therapeutic Services & Programs
- ☉ Family Connect and Support
- ☉ Targeted Early Intervention

Family Support services

We provide a range of professional, culturally sensitive family services that strive to help our community live a safer, happier, healthier life. We offer Family Support, Cultural Support, Mentoring, Child Counselling, Psychology services, and access to Social Workers.

All consultations are bulk-billed at this Practice. Fees may apply when referred for consultation with other medical or dental services.



Accreditation

We are a fully accredited agency ensuring high standards and safe quality supports across all our services.

- ✓ Children's Guardian NSW Child Standards
- ✓ Australian General Practice Accreditation Limited
- ✓ Quality Improvement Council's Health and Community Services Standards by AAA-NZ
- ✓ National Safety and Quality Health Standards
- ✓ NSW Disability Service Standards
- ✓ National Quality Framework

