



Family Connect and Support



Free and voluntary for children and families



Build on your strengths to make positive change



Right supports at the right time

Family Connect and Support helps children, young people and families in NSW with:

- parenting challenges
- financial stress
- substance use
- family breakdown
- housing issues
- mental health
- domestic and family violence
- and more.

Through an initial consultation, we get to know you and your individual circumstances.




Understanding your needs, and building on your strengths, we identify the support your family needs to make positive change in your lives.

We'll give you information and advice and help you connect to the services in your area so you don't have to retell your story.

We stay connected with you until you're matched with the right services or support.

We welcome families from all cultures and backgrounds, lands and communities.

Contact us to find out more

-  www.southcoastams.org.au
-  fcs@southcoastams.org.au
-  1800 AMS FCS (1800 267 327)

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