

KOORI YOUTH GROUP

The **Koori Youth Group** provides a safe place for young people ages 13 – 18 years to access support and mentoring through a structured program that provides opportunities to participate in a group mentoring program and fitness activities.

The program is designed to assist young people to set goals, improve behaviour, health and wellbeing. The program also offers a diversion to the negative social impacts that young Aboriginal people may face in their community and assist those to reintegrate into community and establish positive relationships with peers and mentors. Appropriately qualified staff will facilitate each session providing information on and access to local health, welfare and legal services, and will support participants in improving their health and wellbeing.

For more info contact our Child & Family Services team:
email: psintake@southcoastams.org.au or call: 4448 0200.

***Please note:** there are limited spots available and priority is given to clients already engaged in our Child & Family services and Wellbeing programs.

