

shoalhaven koori Men's In group



SCMSAC Shoalhaven Koori Men's Group aims to support men with social health and wellbeing concerns such as substance use, self-esteem, depression, identity, relationships, work/life balance, family, job readiness, health and general wellbeing. The Group incorporates yarning, art, craft and social activities whilst providing access to a range of services and supports.



- Yarn about your social health and wellbeing
- Connect in a culturally supportive environment
- Incorporates yarning, art, craft and social activities
- Access to a range of services

