

Elder Care Support



Opening hours

Mon - Thurs: 8.30am - 6.30pm

Friday: 8.30am - 5:00pm

All clinics are closed on weekends and public holidays. Clinic times are subject to change, please call reception to make an appointment.



Contact our team
for more information.

-  (02) 4448 0200
-  1800 215 099
-  (02) 4428 6601
-  intake@southcoastams.org.au
-  www.southcoastams.org.au
-  Jane Ardler Centre
51 – 53 Berry St, Nowra

"ENSURING OUR ELDERS FEEL SAFE,
VALUED, & CONNECTED TO COMMUNITY"

South Coast
Medical Service
Aboriginal Corporation





South Coast Medical Service Aboriginal Corporation supports and advocates for our Elders to navigate My Aged Care with confidence. Our goal is to ensure Elders remain safe, connected, and actively engaged within their local community.

Aboriginal and Torres Strait Islander people aged 50+ who are eligible to apply for an Aged Care Package can access our Elder Care Support program.

Our Elder Care Coordinator & Connector will:

- 🎯 Listen to Elders, their family & carers.
- 🎯 Provide Elders with options.
- 🎯 Make the transition into My Aged Care, culturally appropriate for all Elders, family & carers.
- 🎯 Help our Elders gain a better understanding of My Aged Care.
- 🎯 Keep all our Elders safe within their home and local community.

Our friendly Elder Care Support Coordinator & Connector is here to help Elders with:

- 🎯 **My Aged Care registration**
- guiding you through the process.
- 🎯 **Support, advice, and advocacy**
- ensuring you get the right care.
- 🎯 **Understanding Home Care Packages & Service Agreements** - making it simple and clear.
- 🎯 **Providing relevant information**
- everything you need to know about My Aged Care.
- 🎯 **Assistance with My Aged Care assessments** – including ACAT & RAS.
- 🎯 **Choosing the right My Aged Care service provider** – finding the best fit for your needs.
- 🎯 **Having a yarn** – sitting down for a chat about My Aged Care, connection, and referrals to local services.

