

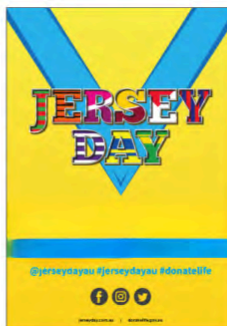


South Coast Medical Service Aboriginal Corporation Dharumbalink



Jersey Day Helps Start the Conversation

Our team proudly wore their favourite team colours for **Jersey Day**! It was fantastic to see our team come together, showing off their team colours while raising awareness about something so important. Jersey Day aims to spark a conversation about organ donation. By saying “yes” to organ and tissue donation, one person can save up to seven lives and help many more through eye and tissue donation. If you’d like to learn more or register your decision, head to www.jerseyday.com.au



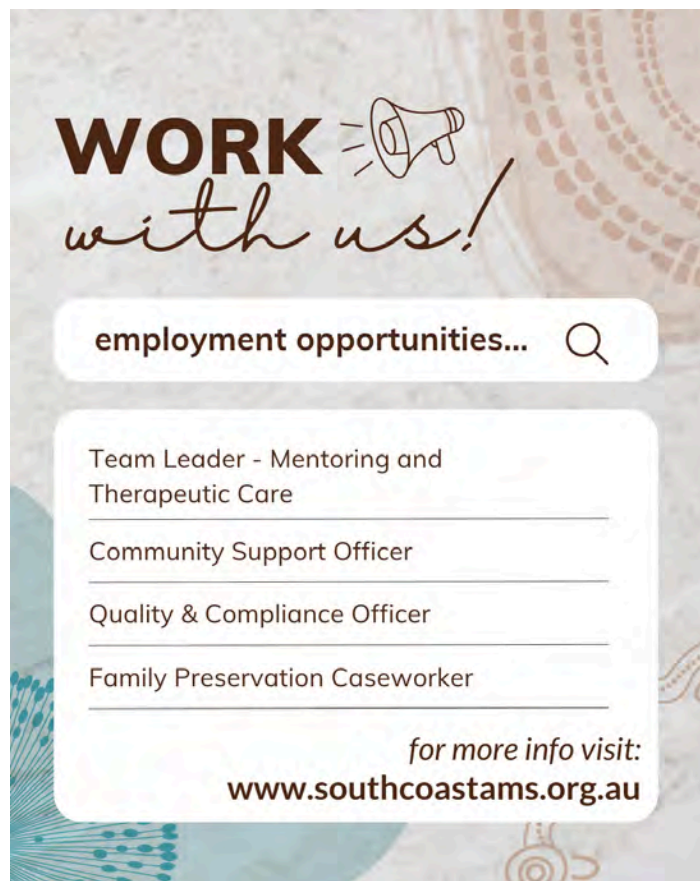
Work With Us

It's an exciting time at SCMSAC as we continue to grow and strengthen our team.

We currently have several rewarding roles available across the organisation.

If you or someone you know is passionate about making a difference, visit our website to explore the latest opportunities.

Work With Us

A graphic with a light beige background featuring faint circular patterns. At the top, the word "WORK" is in bold brown capital letters, followed by "with us!" in a brown script font, with a megaphone icon above the exclamation mark. Below this is a white rounded rectangle containing the text "employment opportunities..." in brown, followed by a magnifying glass icon. Underneath is a white rounded rectangle listing four roles: "Team Leader - Mentoring and Therapeutic Care", "Community Support Officer", "Quality & Compliance Officer", and "Family Preservation Caseworker". At the bottom right of this rectangle, it says "for more info visit:" followed by the website "www.southcoastams.org.au" in bold brown text.

Think you can spot a scam when you see one?

Put your skills to the test and [take the quiz now!](#)

Spot a Scam Quiz

How do I stay secure online?

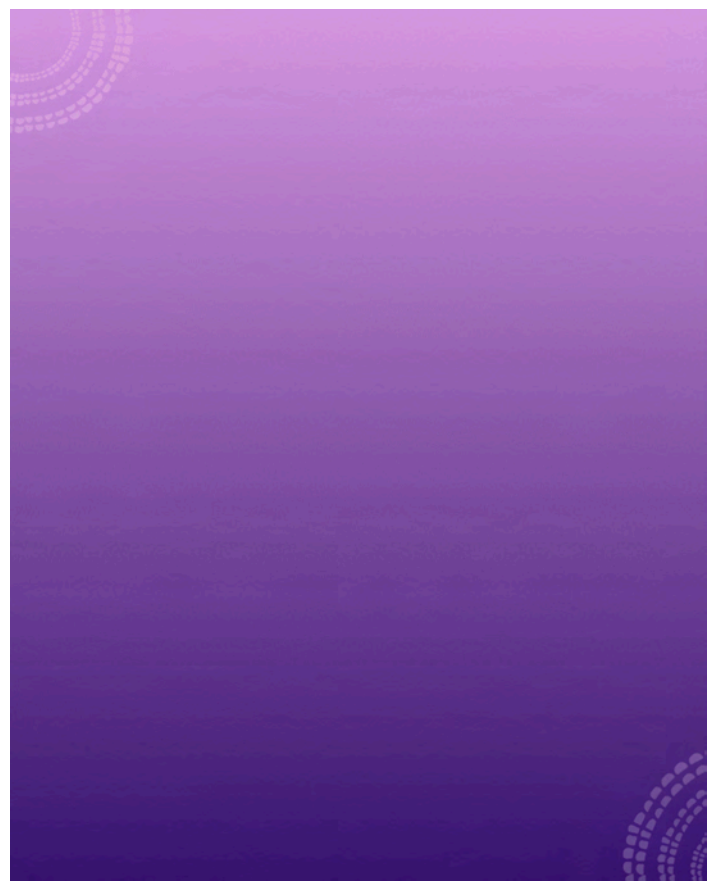
Like us, you've probably noticed an increase in scam messages recently. Scam messages are one of the most common methods cybercriminals use to steal our online information. Our IT team has some simple steps you can take to protect yourself.

1. **Think before you click on a link.** The link itself could contain malicious or nasty software. If you can, hover over the link to see the actual web address it will take you to.
2. **Never provide your details via a link in a message.** To visit a website (such as your bank), it's safest to type the official web address into your browser manually. You could also use a search engine to find the official website and log in that way. Look for the first result that is not an ad, as cybercriminals sometimes create ads for fake websites.
3. **Contact the person or business to check if they sent the message.** Use the contact details you find through a legitimate source. Don't rely on the contact details in the suspicious message.

Our team proudly joined in the spirit of Wear It Purple Day!

Wear it Purple Day is an annual day held on the last Friday of August to support young LGBTQIA+ youth by promoting a message of acceptance and challenging discrimination. The day encourages individuals and organisations to wear purple as a visible sign of support for LGBTQIA+ young people, making it known that they are loved, supported, and part of a global community.

By participating, we demonstrate our commitment to creating an inclusive workplace and community where every young person feels they belong and can take pride in their identity.

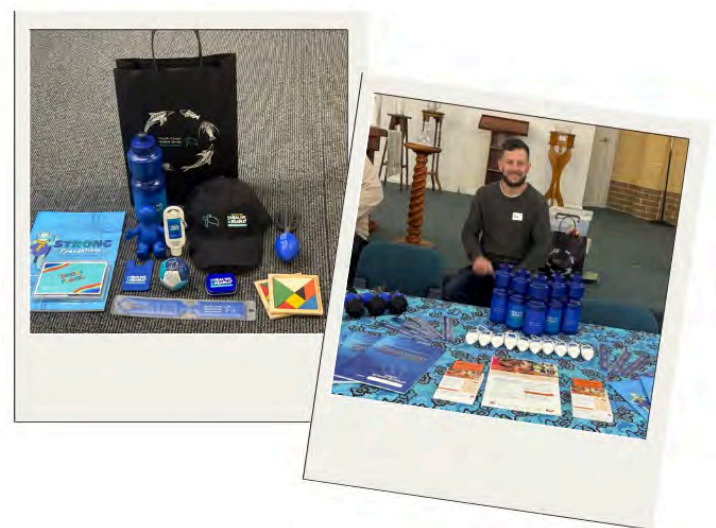


 South Coast Medical Service Aboriginal Corporation

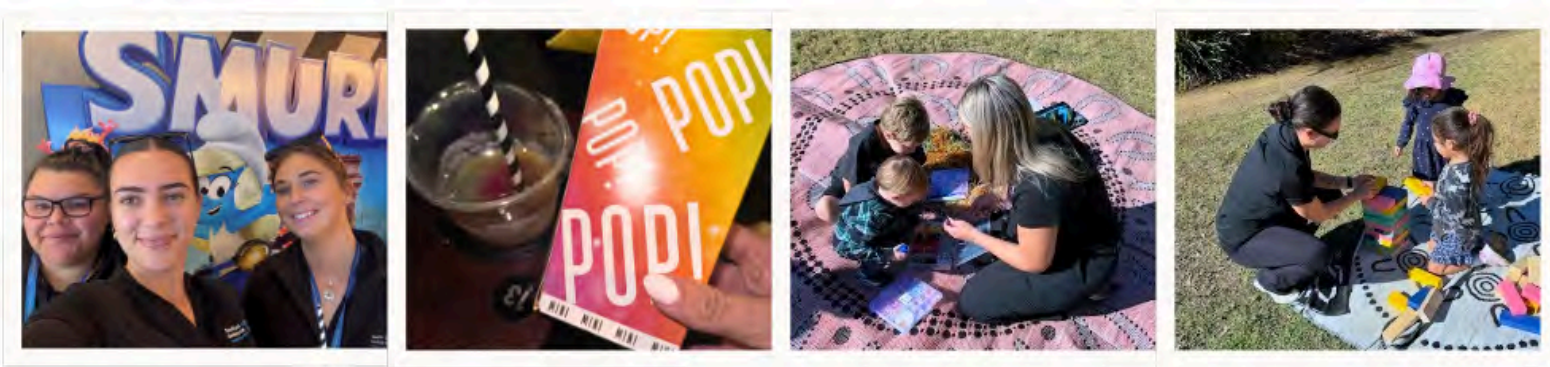
Child & Family Services

'Need a Feed' Community Event

Our Family Connect and Support Team was out in the community this month, representing SCMSAC at the 'Community Connection Mini Service Expo' at Bulli Community Centre, which connects service providers with community members in need. They provided a Lucky Door Prize with some of our merch, and took the opportunity to connect with the community and share information about our services.



Games, Movies, and Sunshine – July Holiday Highlights



From basketball courts to cinemas and even the beautiful Batemans Bay Botanical Gardens, this year's July School Holiday Program was packed with fun, laughter, and connection. Over three action-filled days, every event was at full capacity, a clear sign that our young people were ready to make the most of their holidays!

At Bomaderry Basketball Courts, juniors threw themselves into a lively round-robin of games and challenges. Divided into smaller groups, they tested their teamwork, built new skills, and had an absolute blast while learning to support and cheer each other on.

For many kids, the highlight was a trip to Shellharbour Cinemas to watch *Lilo & Stitch* together. It was the very first time a movie outing was included in our program, and the excitement in the air was contagious. Watching everyone enjoy the film, respect one another, and share the experience, made it special for both the group and our team.

Down on the Far South Coast, the Batemans Bay Botanical Gardens provided the perfect backdrop for a sunny day of outdoor games. With big smiles, laughter, and the natural beauty of the gardens around them, the young people created some great memories!

Programs like these provide an opportunity for children and young people to build friendships, strengthen community connections, explore new opportunities in a safe and supportive space, and have heaps of fun! With July's program wrapped up, the team is already planning for an exciting October School Holiday Program!

Creating Safe and Nurturing Therapy Spaces



We are excited to share a glimpse into our two therapy spaces – one of which has recently been transformed into a dedicated play therapy room. These environments are designed with care to ensure that children and young people feel safe, comfortable, and supported. Having spaces that are welcoming, child-friendly, and therapeutically appropriate is so important in our work. They provide the foundation for healing, expression, and connection, and are invaluable not only for the children and young people who visit but also for the therapists who walk alongside them in their journeys.

Our therapy team combines deep expertise with genuine care, supporting children in ways that respect their voices, culture, and healing journey. We are proud to provide spaces and therapeutic practices that honour children's voices, respect their cultural identity, and support them to explore, heal, and grow.

Getting Comfy for a Cause

Pyjama Day is all about raising awareness and support for children living in foster and kinship care, and what better way to get attention than by wearing our PJs to work!

We celebrated Pyjama Day during **Foster & Kinship Care Week**, encouraging online donations with all funds going directly towards providing educational resources and support for children in care.

It was a fun way to come together as a team while supporting a cause close to our hearts. We're proud to walk alongside children, carers, and families every day.



[Donate to Pyjama Day](#)

Case Coordination Team

The Case Coordination Team has been very busy the past month liaising with other services in the community to promote our Alcohol and Other Drugs (AOD) and Mental Health Case management services. The team has been very busy upskilling to better serve the community and has recently attended training in: Making Victim Services Applications Webinar, Aboriginal and Torres Strait Islander Mental Health First Aid, and De-escalation Training. The team will also be attending upcoming training on *Working with Aboriginal People Impacted by Coercive Control: What Practitioners Need to Know*.

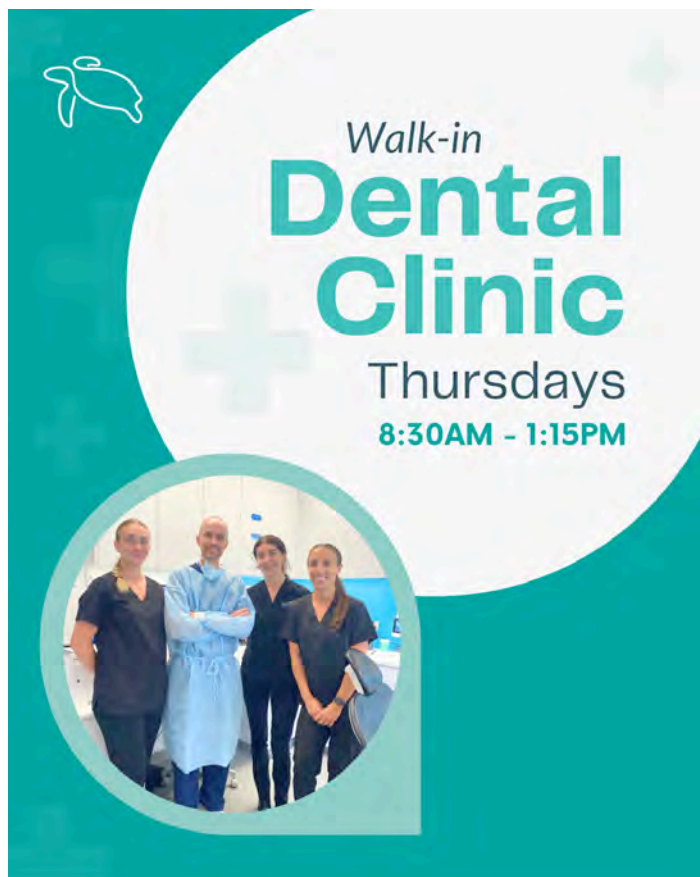
The Team is currently working on a wellbeing education program focused on addressing current AOD and mental health issues that may be impacting our young people. The focus will be on education, harm minimisation, and promoting help-seeking behaviours. This will soon be rolled out to our targeted high schools.

How Our Case Coordination Team Can Support You

Our Case Coordination team is here to help clients and support co-workers by connecting people with the right services and offering assistance along the way. Here's a snapshot of what we can help with:

- ✓ Assisting with Alcohol and Other Drugs (AOD) and mental health referrals
- ✓ Support with accessing detox and rehabilitation services
- ✓ Brief interventions - available by walk-in or appointment
- ✓ Linking clients to other community services
- ✓ Processing psychology referrals
- ✓ Helping clients develop *My Healing* plans and safety plans
- ✓ Providing some housing support
- ✓ Assistance with Work and Development Orders (WDOs)
- ✓ Support with Victim Services applications

The Intake team is always on hand to assist the community with inquiries about our services. If you would like to yarn with our Intake Team, call: **(02) 4448 0200** or email: intake@southcoastams.org.au



Health Checks

Regular health checks are one of the most important steps we can take to prevent illness. They help pick up early signs of chronic disease and other health issues.

Completing your annual health check also gives you access to free, bulk-billed allied health services, including podiatry, physiotherapy, diabetes education, psychology, dietetics, and more.

We encourage all community members to book regular health checks at least once a year, or every 9 months if possible.

 South Coast Medical Service Aboriginal Corporation

Employee Spotlight



A quick yarn with Anastasija

What do you do here at South Coast AMS?

I'm the Wollongong Family Connect & Support Team Leader supporting the wonderful Wollongong FCS team.

How long have you worked with us?

I have been with South Coast AMS since 2021, so approximately 5 years, which is exciting!

What does working at AMS mean to you?

Working at AMS means being part of something bigger that aims to make a real and meaningful difference in people's lives. It's working alongside like-minded people with the same passion and drive, supporting families in the community and advocating for systemic change to achieve positive



outcomes. Furthermore, it's having the opportunity to work with all you deadly people! 😊

Do you have any hobbies or interests people might find surprising?

I love to clean (what a fun hobby I know), hanging out with loved ones, going to the beach for a swim, and snowboarding.

Can you share a memorable moment or achievement from your time here?

One of my most memorable experiences at South Coast AMS involved supporting a mum during an incredibly challenging time in my role as an Family Connect & Support Caseworker. She was, tragically, planning a funeral for her bub while facing multiple other challenges. I helped her create a presentation using family photos she sent me and incorporated a song of her choice to share during the ceremony.

I also designed the funeral booklet for the day, which included the family images and a quote Mum wanted to share on the day. It was an honour to walk alongside mum through such a difficult journey and offer support in this way.

If you could swap roles with anyone in the company for a day, who would it be and why?

I would swap roles with Tash McGeachie only for one specific reason, and that is to nominate her for the next staff spotlight – can't wait to read yours next Tash! 🙋

Someone like you.

Fostering. Someone like you can make all the difference.



Learn More about Foster Care

Email: psintake@southcoastams.org.au

www.southcoastams.org.au